



His Holiness Jigdal Dagchen Sakya

Leader of the Phuntsok Phodrang and the Khön Lineage of the Sakya Order of Tibetan Buddhism, His Holiness Jigdal Dagchen Sakya lives in Seattle, Washington, U.S.A. He is the Head Lama of Sakya Monastery where he bestows initiations, gives teachings, leads meditations and pujas.

Dagchen Sakya Rinpoche was born into the Phuntsok branch of the Khön lineage in Sakya, Tibet in 1929. He studied Buddhism with his father, His Holiness Trichen Ngawang Thutop Wangchuk, the last Great Sakya Throne-Holder in Tibet. From his father he received the unbroken Khön lineage transmission: the Sakya Vajrakilaya, Hevajra, the complete Lamdre (Path and Its Fruit) Tsogshe, and other Sakya teachings. Following the passing of his father, His Holiness completed the requisite Lamdre retreats before bestowing the *Lamdre* Transmission himself in 1951. He then traveled to East Tibet to study in depth with two of this century's greatest masters, Sakya non-sectarian Dzongsar Khyentse Jamyang Chokyi Lodro and Nyingma non-sectarian Dilgo Khyentse Rabsel Dawa Rinpoche.

For over thirty years, His Holiness has taught the Buddhadharma in the United States, Europe, and Asia. By conferring this precious *Lamdre* transmission outside of Tibet, His Holiness is especially pleased to be able to reach disciples from all Tibetan traditions and from countries around the world.

The Teachings and Initiation

Lamdre is the central Sakya teaching. Its initial section, called the Triple Vision, presents contemplation of Sutrayana topics to cultivate the mind, and Mahayana practices to develop Bodhicitta (the mind of enlightenment), and emptiness (the nature of reality). The second section, called The Triple Continuum, prepares disciples for initiation into the great tantra of Hevajra, intended to bring about the total transformation or unfolding of the practitioner to full Enlightenment.

First revealed to the Indian Buddhist master Virupa in the seventh century, the *Lamdre* passed from teacher to disciple in a lineage that reached Tibet and became the specialty of the Glorious Sakya Order. This original Sakya Khön Lineage Transmission will be given in Nepal this year. His Holiness has bestowed the teaching only four times previously: in Sakya, Tibet; East Tibet; Kathmandu, Nepal; and Darjeeling, India.

Schedule of Teachings and Initiations

The *Lamdre* Teachings and Initiation will extend from October 2 to November 2, 2007. A tentative schedule is as follows:

- October 2:** Triple Vision (nang sum)
- October 7:** Retreat for the Lama and preparatory practices for disciples.
- October 11:** Sand Mandala Initiation
- October 16:** The Triple Continuum (gyud sum), which involves teachings, the body mandala initiation, yogic teachings and practices, and other initiations.
- October 29:** The concluding four days of the *Lamdre* Transmission contain teachings on the sadhanas, mandala offering, dedication of merit, recitation of the Lama's long life prayer, and a Tso Kor.

Preparatory Reading

Recommended reading before receiving the Lamdre Transmission:

A Waterdrop From the Glorious Sea, Sherap Gyaltzen Amipa (Tibetan Institute, 8486 Rikon ZH, Switzerland, 1976).

The History of the Sakya Tradition, Chogay Trichen (Ganesha Press, Sakya Thinley Rinchen Ling, 27 Lilymead Avenue, Knowle, Bristol, England, 1983).

A Collection of Instructions on Parting from the Four Attachments, H.H. Sakya Trizin & Ngawang Samten Chopel (The Singapore Buddha Sasana, Sakya Tenphel Ling, 9 Topaz Rd., Singapore 0315, 1987).

The Beautiful Ornament of the Three Visions, Ngorchen Konchok Lhundrub (Snow Lion, P.O.B. 6483, Ithaca, New York, 14851, USA).

A Guide to the Bodhisattva's Way of Life, tr. by Stephen Batchelor (Library of Tibetan Works & Archives, Dharamsala, HP, India, 1979).

The Three Levels of Spiritual Perception, Deshung Rinpoche (Wisdom Publication, 361 Newbury Street, Boston, Massachusetts, 02115, USA).

Lamdre: Dawn of Enlightenment, Lama Choedak Yutok (Snow Lion, P.O.B. 6483, Ithaca, New York, 14851, USA).

The Triple Tantra, Panchen Ngawang Choedak (Snow Lion, P.O.B. 6483, Ithaca, New York, 14851, USA).

Registration Information

A registration fee of \$60 US for the event includes receipt of a booklet containing historical and biographical information, prayers, and a Hevajra Sadhana. Advanced registration is encouraged.

***For more information, contact
Adrienne Chan, Executive Director
Sakya Monastery of Tibetan Buddhism***

(206) 789-2573

REGISTRATION FORM

LAMDRE TRANSMISSION
KATHMANDU, NEPAL
OCTOBER 2 TO NOVEMBER 2, 2007

NAME:

NAME OF SPOUSE/FRIEND:

ADDRESS:

CITY & STATE:

COUNTRY & ZIP

TELEPHONE:

EMAIL:

Check the box below if you wish to have a hotel list sent to you (note: Participants must make their own hotel reservations).

I would like a list of hotels sent to me

ENCLOSED REGISTRATION FEE (\$60 PER PERSON)

\$ _____

(PERSONAL CHECK FROM A U.S. BANK, BANK DRAFT OR
INTERNATIONAL MONEY ORDER PAYABLE TO:
SAKYA MONASTERY

SEND THIS FORM AND PAYMENT TO:

LAMDRE
SAKYA MONASTERY OF TIBETAN BUDDHISM
C/O ADRIENNE CHAN, EXECUTIVE DIRECTOR
108 NW 83RD STREET
SEATTLE, WASHINGTON 98117
USA



Sakya Monastery
USA

As a means of preserving the invaluable Tibetan Buddhist heritage, His Holiness Jigdal Dagchen Sakya has created Sakya Monastery, a haven where Buddhist teachings, meditations, and cultural events abide and endure. In the Sakyapa's tradition, the Monastery is an appropriate site for the ongoing transmission of the precious teachings of Buddhadharma and is truly a cultural landmark in Seattle.

The main shrine room contains Kanjur and Tenjur (original teachings of Shakyamuni Buddha and important commentaries), depictions of deities, the Sixteen Arhats, lineage trees, and mandalas on the temple ceiling that suitably vitalize the space for tantric practice. A double life-sized statue of the Buddha and statues of Padmasambhava, Sachen Kunga Nyingpo, Sakya Pandita, White Tara, Green Tara, and protectors Mahakala and Palden Lhamo empower the shrine room.

The Library of Tibetan Works and Archives has its sole United States branch at Sakya Monastery. We welcome visitors to Sakya Monastery of Tibetan Buddhism in Seattle, Washington. You are invited to help Sakya Monastery with a financial contribution in whatever amount you desire.

Please send contributions to:

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USA

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THE PATH AND ITS FRUIT
(LAMDRE)

The Ambrosia of the Sakyas

Teachings and Initiations
Conferred by

His Holiness Jigdal Dagchen Sakya

Kathmandu, Nepal
October 2 to November 2, 2007