



Application for Retreat at Sakya Monastery's Tara Meditation Center at Earth Sanctuary – Please Print Neatly

Name:		Sakya Monastery Member Yes No	
Address:		Email:	
City:		State:	Zip:
Home Phone:	Work Phone:	Fax:	
Emergency Contact Name:		Emergency Contact Phone:	
Arrival Date:	Departure Date:	Total # of Days:	Total cost: \$35/day or \$210/week*
Retreatants who cannot afford the daily or weekly rate, may make up the difference by working at Earth Sanctuary for \$10/hour on projects identified by Celia Sullivan. If retreatant will work at Earth Sanctuary, insert payment accounting below:			
*100% of total amount is due at time of reservation in order to confirm reservation. The reservation is not final until payment is received. Checks (U.S. Dollars) or cash or VISA or M/C are accepted. Reservation fees will be returned (minus a \$25 Service Charge) if your reservation is cancelled more than 30 days before your stay or in the event of family emergency..			
Describe your proposed retreat schedule and spiritual practices:			
List people who may be seen during the retreat below. (Other than these people, no outside communication is recommended before the end of the scheduled retreat.)			
Person(s):			
Retreat Approved By: H.H. JIGDAL DAGCHEN SAKYA			Date:
I agree to the Earth Sanctuary rules and protocol on page 2 of this form.			
Signed (Retreat Applicant):			Date:
For Staff Use			
100% Payment received:	<input type="checkbox"/>	<input type="checkbox"/>	
Reservation dates checked and approved by:	<input type="checkbox"/>	Celia Sullivan 360-321-5465	<input type="checkbox"/>
Release form & signed and faxed to:	<input type="checkbox"/>	Chuck Pettis 866-906-3437	
Reservation form	<input type="checkbox"/>	Fax to: Chuck Pettis 866-906-3437	<input type="checkbox"/> Mailed to: Celia Sullivan

Mail filled-in forms to:

Sakya Monastery, Attn: Tara Med. Center
108 NW 83rd Street
Seattle, WA 98117 USA
 Tel: (206) 789-2573 Fax: (206) 789-3994
 email: Monastery@Sakya.org

Tara Meditation Center (not mailing address)

Earth Sanctuary
 2235 Newman Road
 Langley, WA 98260

Protocol – Rules for Earth Sanctuary Property

Earth Sanctuary was founded on the principles of Tibetan Buddhism. These principles are fairly similar to most spiritual practices. Please follow them to preserve the integrity and energy of the land and especially the sacred spaces.

- Abstain from killing any being or animal, even an insect. If you accidentally step on an ant just say a prayer for it. Wear mosquito repellent and you don't have to worry about accidentally killing mosquitoes (there is some at the retreat house for retreatants). This fosters the principle of compassion for all life.
- Abstain from stealing, sexual activity, and from telling lies. This fosters respect for sacred spaces, and honesty.
- No illegal drugs, intoxicants, or firearms are permitted. Alcohol is permitted only in the context of certain ceremonies.
- Smoking and chewing tobacco is not permitted anywhere on Earth Sanctuary property except in the context of Native American ceremonies. The above are obvious, but they do foster the principles of clarity of mind, and keeping the body pure and healthy. Both of those principles make a big difference in the quality of your meditations.
- No moving of objects in the building or on the grounds.

Safety and Care of the Land

- No canoeing or swimming is allowed in any of the ponds. No one is allowed on the bog island for any reason. Hiking is permitted only on cleared trails.
- Remain outside of marked ecologically sensitive areas, such as the Osprey nesting area during breeding season.
- Be sensitive to birds and wildlife. Do not disturb any animals or birds, especially in nesting and breeding season.
- Park in designated areas only. Groups may be asked to park on an adjacent property (gated) away from the house.
- Please treat the grounds, building and residents with care and respect. Return your area to the condition in which you found it or better.

Protocol – Rules for Retreat Practice at the Earth Sanctuary

- Candles and incense are allowed in the main meditation room only; candles and incense should not be left unattended. Only votive-type candles should be used, tapered candles are not allowed.
- This is a spiritual house, not a romantic get-away. Please be considerate of the spiritual nature of this special house.
- In order to minimize distraction by others, dress appropriately: simple, modest, and comfortable. Sunbathing and nudity are not permitted. An attitude of modesty prevails at all times.
- Note: violating any of the rules is reason for retreat termination.

What is provided at the Earth Sanctuary House?

- Two retreat bedrooms, each with twin beds. The beds come with clean linen, down comforter and pillow.
- A combination meditation/living room with sofa and easy chair, wood stove, bookcase. There are nine zafus with zabutons. There are also 10 chairs.
- Fully-equipped kitchen with eating utensils and dining area.
- Washer and dryer.
- Bathroom with clean towels and washcloths.
- Large closet and storage area that may also be used as a "primitive" sleeping area for groups.
- There is no phone. Pay phones are available in Freeland. Some cell phones work well, i.e., Verizon.
- House heating is by electric heat supplemented by wood stove.

What should be brought to the Earth Sanctuary House?

- All materials for your spiritual practice.
- Proper clothing, bathrobe, slippers, toiletries, clock.
- Hiking shoes and appropriate outdoor clothing for the season, if you choose to walk the property.
- Bring enough food for your stay (all food and drink must be kept in the kitchen area). Two supermarkets are located nearby.
- Note: you are responsible for preparing your own meals.
- All visitors to the Earth Sanctuary House are responsible for picking up and cleaning the house after they are done.

Deposit – 100% of total amount is due at time of reservation in order to confirm reservation. The reservation is not final until the deposit is received. Checks (U.S. Dollars) or cash are accepted. Deposits will be returned (minus a \$25 Service Charge) if cancellation is made greater than 30 days before your stay.

Check in & check out time – Arranged ahead of time.

Refunds – No refunds will be made for shortened retreat stays.

Taxes – Applicable taxes will be added to your final bill.

Transportation – You are responsible for transportation to and from the Earth Sanctuary.

Pets – We do not have accommodations for pets. However, there are three wild cats that live in the bushes and shrubs in the backyard.

Children – We regret we cannot accommodate any children under 12 years of age.

Disclaimers

- People with serious mental disorders should not come with the expectation that retreat will cure or alleviate their mental problems.
- People with unstable interpersonal relationships and a history of various treatments should not come. It is impossible for us to care for such people with these backgrounds.
- Retreat is not a substitute for medical or psychiatric treatment and is not recommended for people with serious psychiatric disorders.
- The Earth Sanctuary I LLC is not liable for any personal injuries, for any reason, that may be sustained during stay at Earth Sanctuary.